**The 30 Keys to Effortlessly Attract your Ideal Clients and Transform Their Lives Checklist Progress Chart**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What would you like to get from this course? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Instructions: Write the Date you practiced each Key. Perhaps you’d like to use one Key a day for 30 days, in the order of your choice, although the first 5 Keys are designed to follow each other. You can also add notes after each key.**

**After the list of Keys, you will find a place to log your new clients. 😊**

**Date:**

\_\_\_\_\_\_\_ 1. Identify Your Inner Voices

\_\_\_\_\_\_\_ 2. Inner Child Ceremony

\_\_\_\_\_\_\_ 3. Craft Your ideal Client Profile

\_\_\_\_\_\_\_ 4. The Inner Invitation

\_\_\_\_\_\_\_ 5. Mind Cinema

\_\_\_\_\_\_\_ 6. Trust the Magic

\_\_\_\_\_\_\_ 7. Inner Guidance

\_\_\_\_\_\_\_ 8. Real Conversations

\_\_\_\_\_\_\_ 9. Fill Needs Rather Than Classes

\_\_\_\_\_\_\_ 10. Plant Seeds

\_\_\_\_\_\_\_ 11. Keep Your Eyes Off the Scoreboard

\_\_\_\_\_\_\_ 12. Make Friends with Patience

\_\_\_\_\_\_\_ 13. Check Your Money Mindset

\_\_\_\_\_\_\_ 14. There is No Failure

\_\_\_\_\_\_\_ 15. Turn Desperation into Service

\_\_\_\_\_\_\_ 16. Happy Expectation

\_\_\_\_\_\_\_ 17. No Pushing Allowed! (Break the Burnout)

\_\_\_\_\_\_\_ 18. The Humble Learning Curve

\_\_\_\_\_\_\_ 19. Fear of Success

\_\_\_\_\_\_\_ 20. Flow With the Cycles

\_\_\_\_\_\_\_ 21. Soak Up Success Stories

\_\_\_\_\_\_\_ 22. Do It With Love or Not At All

\_\_\_\_\_\_\_ 23. Pivot

\_\_\_\_\_\_\_ 24. Play!

\_\_\_\_\_\_\_ 25. Poop Into Fertilizer

\_\_\_\_\_\_\_ 26. Get the Juice Flowing

\_\_\_\_\_\_\_ 27. The Law of Karma

\_\_\_\_\_\_\_ 28. Complain

\_\_\_\_\_\_\_ 29. One Step at a Time

\_\_\_\_\_\_\_ 30. Ask For Help

**Your New Clients**

Date Name $Income

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Your Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_

This form may be used in our Coaching Group <https://www.bessmccarty.com/group-coaching-sales-page/>

for contests we may run so you can win free private coaching!