

The 30 Keys to Effortlessly Attract your Ideal Clients and Transform Their Lives Checklist Progress Chart

Name _____ Date _____

What would you like to get from this course?

Instructions: Write the Date you practiced each Key. Perhaps you'd like to use one Key a day for 30 days, in the order of your choice, although the first 5 Keys are designed to follow each other. You can also add notes after each key.

After the list of Keys, you will find a place to log your new clients. 😊

Date:

- _____ 1. Identify Your Inner Voices
- _____ 2. Inner Child Ceremony
- _____ 3. Craft Your ideal Client Profile
- _____ 4. The Inner Invitation
- _____ 5. Mind Cinema
- _____ 6. Trust the Magic
- _____ 7. Inner Guidance
- _____ 8. Real Conversations
- _____ 9. Fill Needs Rather Than Classes
- _____ 10. Plant Seeds
- _____ 11. Keep Your Eyes Off the Scoreboard
- _____ 12. Make Friends with Patience

- _____ 13. Check Your Money Mindset
- _____ 14. There is No Failure
- _____ 15. Turn Desperation into Service
- _____ 16. Happy Expectation
- _____ 17. No Pushing Allowed! (Break the Burnout)
- _____ 18. The Humble Learning Curve
- _____ 19. Fear of Success
- _____ 20. Flow With the Cycles
- _____ 21. Soak Up Success Stories
- _____ 22. Do It With Love or Not At All
- _____ 23. Pivot
- _____ 24. Play!
- _____ 25. Poop Into Fertilizer
- _____ 26. Get the Juice Flowing
- _____ 27. The Law of Karma
- _____ 28. Complain
- _____ 29. One Step at a Time
- _____ 30. Ask For Help

Your New Clients

| Date | Name | \$Income |
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Your Signature

Date

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This form may be used in our Coaching Group

<https://www.bessmccarty.com/group-coaching-sales-page/>

for contests we may run so you can win free private coaching!